

FallTrak II

POSTUROGRAPHY TESTING & TREATMENT

Patient Care:

Fall Prevention through
Evaluation & Exercise



FallTrak II Balance System

Objective, Portable, and Affordable

"Implementing effective (fall) intervention strategies could appreciably decrease the incidence and healthcare costs of these (fall) injuries."

A proactive Fall Prevention Strategy includes patient evaluation and subsequent prescribed exercise. Evaluations help identify patients most at risk for fall. Prescribed exercise "prehabilitation" addresses deficiencies identified in the evaluation. This, in turn, minimizes the fall risk, and any costs that may be associated with serious injury.

"The most effective single intervention was exercise which, overall, lowered the risk of falling between 12% and 20%.¹"

The **FallTrak II Balance System** is a key component of a proactive Fall Prevention Strategy. **FallTrak II Balance** offers computerized objective evaluations and interactive exercise routines at a price every Physician's office can afford.

Limits of Stability:
This testing mode has targets for the patient to move toward. This helps to identify weak areas around which training programs can be designed.

mCTSIB: modified Clinical Test of Sensory Integration of Balance challenges the patient's ability to remain stable while relying on their visual, vestibular, and somatosensory systems.

- Simple plug-and-play setup
- Includes mCTSIB, LOS, and other tests
- Test results are matched to age-based Normative Data
- Exercise routines are compatible with all levels of care
- Visual feedback that keeps the patient engaged
- Comprehensive balance assessment and training.



(347) 742-4100
www.medtrakvng.com
scott@medtrakvng.com

Designing Your Fall Prevention Strategy

The ideal Fall Prevention Strategy includes functional and objective evaluations. Functional evaluations are quick and easy to interpret. **FallTrak II Balance** makes objective evaluations quick and easy to interpret as well. Plus, with **FallTrak II Balance**, you have a choice of Test Report formats, based on need, and Progress Reports documenting the change in performance over time, both available in seconds.

The Power of Visual Feedback: The exercise programs included with **FallTrak II Balance** provide the patient with a wealth of visual feedback. This keeps the patient engaged, and even gives the therapist the opportunity to work with other patients during the duration of the **FallTrak II Balance** exercise session.

Bring down the cost of healthcare and increase the energy level at your facility by implementing a proactive Fall Prevention Strategy today with **FallTrak II Balance**. You, your staff, and, most importantly importantly your residents, will thank you.



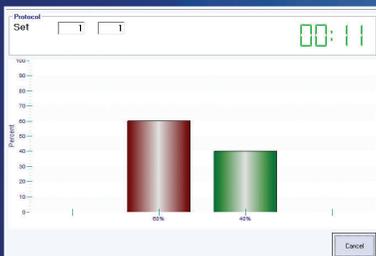
FallTrak II Balance Board Exercise Display



FallTrak II Flight Exercise Display



FallTrak II Ski, Snowboard, and Luge Exercise Display



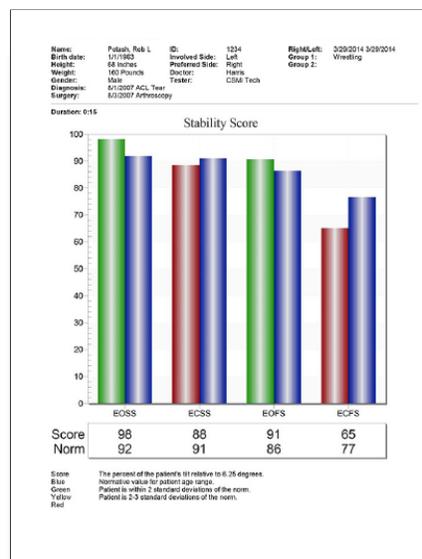
FallTrak II Right Left Weight Bearing



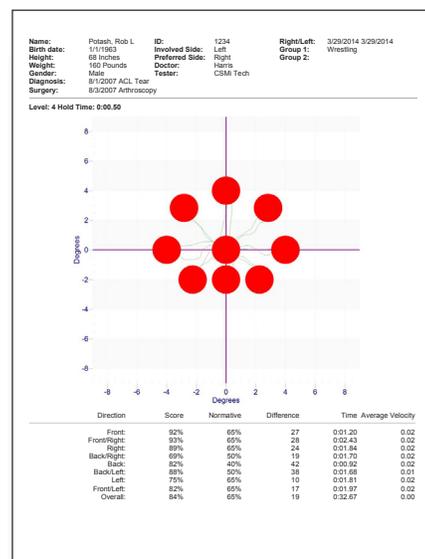
FallTrak II Weight Shift



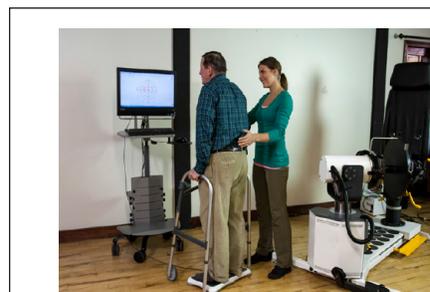
Portable FallTrak II Balance
Shown with Microsoft Surface



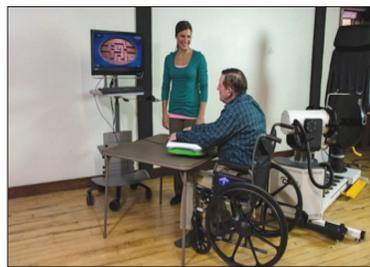
Modified Clinical Test of Sensory
Integration Balance



Limits of Stability



For patients with limited stability, a walker can be used to provide additional support during evaluation or exercise



FallTrak II Balance with Tilt option enables the games to be played by tilting the board. Walker- and wheelchair-bound residents will enjoy the challenge



(347) 742-4100
www.medtrakvng.com
scott@medtrakvng.com